

# WHAT IS SOHELP?



SOHELP IS STAND FOR SYSTEMATIC OCCUPATIONAL HEALTH ENHANCEMENT LEVEL PROGRAMME.



SOHELP IS DESIGNED TO HELP THE INDUSTRIES TO COMPLY WITH RELEVANT REGULATIONS PERTAINING TO OCCUPATIONAL HEALTH PARTICULARLY IN THE FIELD OF CHEMICAL MANAGEMENT, ERGONOMIMC ISSUES AND HEARING PROTECTION



# WHO IS INVOLVED?

SOHELP IS COLLABORATION BETWEEN DOSH, EMPLOYER, AND SHO/OSH REPRESENTATIVE





# WHY SOHELP?

TO ENHANCE OCCUPATIONAL HEALTH STANDARD IN THE WORKPLACE ESPECIALLY RELATED TO CHEMICAL MANAGEMENT, ERGONOMIC ISSUES AND HEARING CONSERVATION



# **HOW SOHELP IS DONE?**

CHECKPOINTS FOR 3 ELEMENTS: CHEMICAL, NOISE, ERGONOMIC

EACH ELEMENT HAS 5 LEVELS

EXCELLENT LEVEL

ON CHEMICAL MANAGEMENT

-600D RECORD SYSTEM -GOOD VENTILATION SYSTEM

-CONDUCT CHRA -CONDUCT TRAINING -PROVIDE WARNING SIGNS

BASIC LEVEL

PEC PREPARE ACTION PLAN

OVERALL LEVEL WILL BE DETERMINED BY THE LOWEST LEVEL AMONG THE 3 ELEMENTS

-IMPLEMENT ALL ACTIONS TO BE TAKEN IN THE CHRA REPORT

-IMPLEMENT >50% ACTION TO BE TAKEN IN THE CHRA REPORT

-REPORTING OF OCCUPATIONAL DISEASES RELATED TO CHEMICALS

-NO NEW CASE OF OCCUPATIONAL DISEASE RELATED TO CHEMICAL

-IMPLEMENTATION OF CONTINUOUS IMPROVEMENT PROGRAMMES

WHERE?

INTERESTED WORKPLACES ALL OVER MALAYSIA





ERGONOMIC CHECKPOINT

FROM 2016 TO 2017 UNDER OSHMP-20

WHEN DOES SOHELP START?



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EMPLEMENT ALL ACTION

-ANNUAL AUDIOMETRIC

-HEARING CONSERVATION CAMPAIGN

EXCELLENT

O BE TAKEN IN THE NOISE



### ENTRY LEVEL

COMMITMENT FROM MANAGEMENT -APPLEMENT PROGRAMME
-APPOINTMENT OF PERSON-INCHARGE (PIC) TO IMPLEMENT

-PIC ATTENDED SCHELP PROGRAMME -PIC CONDUCT INTERNAL SCHELP TRAINING
-PIC PREPARE ACTION PLAN

-CONDUCT TRAINING -ESTABLISH SOP IN ERBONOMICS -CONDUCT ERBONOMIC SHECKLIST -PROVIDE WARNING SIGNS & PPE

EXCELLENT LEVEL

-IMPLEMENT ALL ACTION TO BE TAKEN

IDENTIFY IN THE ERRONOMIC CHECKLIST -NO NEW CASE OF HEALTH PROBLEM RELATED TO ERRONOMIC

-IMPLEMENTATION OF CONTINUOUS IMPROVEMENT PROGRAMMES ON

### ADVANCED LEVEL

-IMPLEMENT >50% ACTION TO BE TAKEN IDENTIFY IN THE ERSONOMIC CHECKLIST -REPORTING/NOTIFICATION OF OCCUPATIONAL DISEASES CASES RELATED TO ERBONOMIC



-PIC PREPARE ACTION PLAN

BASIC

ENTRY

ADVANCED

-REPORTING/NOTIFICATION OF OCCUPATIONAL DISEASES CASES

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# -IMPLEMENT >50% OF ACTION TO BE TAKEN IN THE NOISE ASSESSMENT REPORT. -BASELDNE AUDIOMETRIC TEST

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## ENTRY LEVEL -COMMITMENT FROM MANAGEMENT TO

IMPLEMENT PROGRAMME
-APPOINTMENT OF PIC TO IMPLEMENT PROGRAMME

-IMPLEMENTATION OF PPE PROGRAMME

-PIC ATTENDED SCHELP PROGRAMME

-PIC CONDUCT INTERNAL TRAINING ON SOHELP

-PREPARE CHEMICAL REGISTER, LABEL OF CHH & SDS

### CEP FOR SOHELP

### **EMPLOYERS**

## **EMPLOYEES**

-SAFER MORKING ENVIRONMENT GET INVOVLE IN THE PROGRAMME IMPLEMENTATION -IMPROVE PRODUCTIVITY

### OSH PRACTIONER

-LEARN SYSTEMATIC METHODS OF CONTROLLING OCCUPATIONAL HEALTH RELATED HAZARDS AT THE -ENHANCE KNOWLEDGE, ATTITUDE FECHNOLOGIES & PRACTICE PERTAINING TO ABOVE MATTERS -ENTITLE FOR CEP: MAXIMUM OF

30 POINTS PER ANNUM

### NATION

-IMPROVE PRODUCTIVTY -CUTTING HEALTHCARE COST -STIMULATING MORE EFFICENT









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# EFIT OF SOHELP



# CONTACT DOSH STATE OFFICE FOR FURTHER INFO



www.dosh.gov.my #S0HELP