

(1) Driving lightweight steel sheet piles into existing trench

This method is based on the assumption that the trench stands independently. After a trench is dug to a certain depth, the lightweight steel sheet piles are assembled and driven to a specified depth. The uppermost whalers and struts are installed using a special tool from ground level. A special working stand is used for the installation of whalers and struts at the next and lower levels.





(2) Driving lightweight steel sheet piles prior to digging trench

This method is frequently used for digging of soft ground including sand or water. After a lightweight steel sheet pile wall is driven in with a pile driver according to the length of the trench, the ground is dug to a depth where the first whalers can be installed. Then the uppermost whalers and struts are installed using a special tool from ground level. When whalers and struts are installed at the next and lower levels, a special working stand is used if necessary.





 $\diamond \diamond \diamond$ Method for installing simple trench supports $\diamond \diamond \diamond$

(1) Sliding rail method for installing simple trench supports

A number of struts are fixed to vertical columns called sliding rails according to the depth of the trench and the nature of the ground where the trench is dug. Plates called retaining panels are inserted into the rails and the panels and rails are driven in stages as the trench is dug.





(2) Vertical plate method for installing simple trench supports

As in the sliding rail method, the number of struts is determined according to the nature of the ground and the depth of the trench. The struts are fixed to plate piles called vertical plates and the assembly is driven in stages as the trench is dug.





Spread by official notice

The MHLW established safety guidelines aimed to spread the use of this method in 2003, for the digging of small trenches (height of1.5m-4.0m and width of less than 3.0m).

As the results, fatal accidents at these sites are decreased drastically.



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(4) Contest on visible safety activities
This contest is executed in the theme,
"Support of revitalization of safety activities in companies",
based on the strategy "Raise spirits from safety", 2011.

- To revitalize the safety activities in companies, introduce the good practices in other companies.
- For this purpose, invite the practices on visible safety activities, e.g. visualization of safety working procedure.
- Select the excellent practices by a vote from the people, etc.
- Publish the best practices in the web pages.
 http://anzeninfo.mhlw.go.jp/anzenproject/concour/2013/result.html

It is expected that many companies implement the excellent practices, and industrial accidents will be decreased by the revitalization of safety activities in companies 28

Example of web page



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National Institute of Occupational Safety and Health, Japan



(5) Award for excellent foremen by Minister

Formerly, excellent work places, such as non-accident construction site, were only awarded.

Now, the foremen who have shown excellent achievement are awarded by the Minister of the MHLW every year.

The foremen supervise the workers directly and take a leading part of the safety and health activities in the construction sites. Therefore, this awards increase the motivation of the foremen to the safety and health activities.





This picture shows the awards ceremony on 10th January 2014. 133 persons are awarded for the excellent foremen in 2013.



2. Activities in Association

(1) Various Industrial Accident Prevention Activities by JCOSHA

Japan Construction Occupational Safety and Health Association (JCOSHA) implement the various industrial accident prevention activities.

http://www.kensaibou.or.jp/english/activity/public_relations.html

- National Safety Week: July 1-7 (preparatory period June 1-30)
- National Occupational Health Week: October 1-7 (preparatory period September 1-30)
- Year-end & New Year Construction Accident Prevention Period: December 1- January 15
- Fiscal Year-end Construction Accident Prevention Month : March 1-31
- Campaigns for the Elimination of Three Major Causes of Accidents and for the Safety Work Cycle
- The Promotion of Voluntary Safety and Health Activities and Training
- During the above period, the association issues "Implementation Guidelines" showing the primary targets and activities to further promote awareness for safety and health

Safety patrol

and lecture

etc.





Safety patrol





Safety Lecture