



## SYSTEMATIC OCCUPATIONAL HEALTH ENHANCEMENT LEVEL PROGRAMME

### WHO IS INVOLVED?

SOHELP IS COLLABORATION BETWEEN DOSH, EMPLOYER, AND SHO/OSH REPRESENTATIVE

### WHERE?

INTERESTED WORKPLACES ALL OVER MALAYSIA

6

6

5

6

5

### WHY SOHELP?

TO ENHANCE OCCUPATIONAL HEALTH STANDARD IN THE WORKPLACE ESPECIALLY RELATED TO CHEMICAL MANAGEMENT, ERGONOMIC ISSUES AND HEARING CONSERVATION

### WHEN DOES SOHELP START?

FROM 2016 TO 2017 UNDER OSHMP-20

3

4

### WHAT IS SOHELP?

1

SOHELP IS STAND FOR SYSTEMATIC OCCUPATIONAL HEALTH ENHANCEMENT LEVEL PROGRAMME.

SOHELP IS DESIGNED TO HELP THE INDUSTRIES TO COMPLY WITH RELEVANT REGULATIONS PERTAINING TO OCCUPATIONAL HEALTH PARTICULARLY IN THE FIELD OF CHEMICAL MANAGEMENT, ERGONOMIC ISSUES AND HEARING PROTECTION

2

### HOW SOHELP IS DONE?

CHECKPOINTS FOR 3 ELEMENTS: CHEMICAL, NOISE, ERGONOMIC

EACH ELEMENT HAS 5 LEVELS

OVERALL LEVEL WILL BE DETERMINED BY THE LOWEST LEVEL AMONG THE 3 ELEMENTS

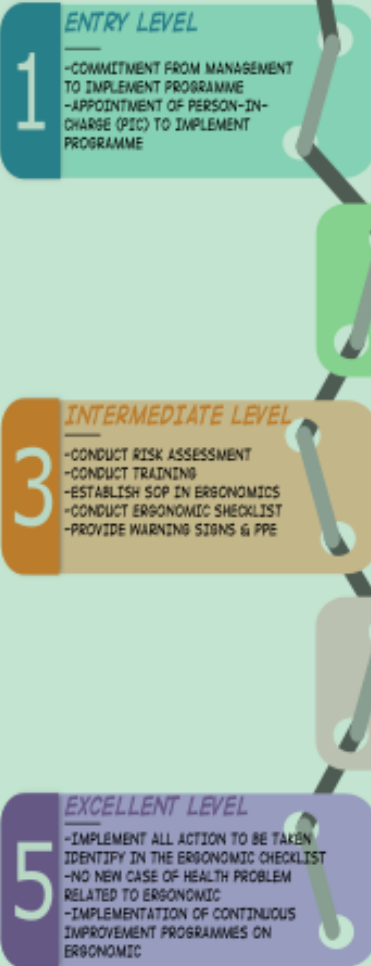
2

4

#### ERGONOMIC CHECKPOINT

#### NOISE CHECKPOINT

#### CHEMICAL CHECKPOINT



CEP FOR SOHELP



YOU CAN COLLECT CEP FROM SOHELP AS WELL!



## BENEFIT OF SOHELP

WHY SHOULD YOU PARTICIPATE?



CONTACT DOSH STATE OFFICE FOR FURTHER INFO



www.dosh.gov.my  
#SoHELP