

**P.U.(A) 328/86**  
**FACTORIES AND MACHINERY (BUILDING OPERATIONS AND WORKS OF ENGINEERING**  
**CONSTRUCTION) (SAFETY) REGULATIONS 1986**  
**PART IX - LADDERS AND STEP-LADDERS**

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**Regulation 63. Handhold to be provided.**

Where ladder is used as means of communication or as a working place, the ladder shall rise, or adequate handhold shall be provided, to a height of at least one metre above the place of landing or the highest rung to be reached by the feet of any person working on the ladder, as the case may be or, if that is impracticable to the greatest practicable height unless other convenient and secure handholds are provided at such places. The rungs shall be omitted from this extension.